NORTHWICH ROWING CLUB REGATTA

## NOTES FOR OFFICIALS AND CREWS – Monday 27th May 2019

1. This competition is held under the **BR Rules of Racing** and the **BR Water Safety Code.**
2. You are reminded that **Anti-Doping** rules apply to all Competitors no matter what age or category. See note 9 of the **Safety Plan**.
3. All Competitors and Coaches are asked to carefully read the **Safety Plan** document included with this documentation.
4. **CHANGING FACILITIES** are located in Sir John Deane’s College Sports Hall adjacent to the car park.
5. **COXES / SCULLERS BRIEFING** will be held outside the Sir John Deanes Boathouse**.** Representatives of **ALL CREWS** must attend the briefing relevant to their Division. Please listen out for instructions over the PA system as to the relevant times for the briefing for each division.
6. **CREWS AND COACHES** are responsible for ensuring that everyone on the water is appropriately kitted out with warm and wet weather gear. The weather at this time of year can be unpredictable and crews not appropriately dressed may be stopped from launching.
7. **CREW NUMBERS** will be issued in the Northwich Clubhouse. Please note that substitutions from the crew list entered on BROE must conform to the Rules of Racing and be properly notified to race control.
8. **BOATING**. All boating shall be at Northwich Rowing Club and should be prompt, commencing immediately after the coxes/scullers briefing and as directed by the boathouse marshals. Crews should make their way upstream to the railway viaduct where they will be positioned facing upstream by the start marshals.
9. **RACE START TIMES** will be confirmed with the draw. On the instructions of the start marshals, crews will turn, line up side by side, either side of the bouy markers as directed by the start marshall and head downstream. Junior rowers will be started first to minimise their time spent waiting at the Start.

**The Competition Organisers give careful consideration to the start order and timing intervals. Crews/Scullers who ignore instructions from the Starter are liable to penalty.**

1. **LOCAL RULE: Crews will be disqualified for using foul and abusive language in the public hearing.**
2. **THE COURSE FINISH** is at a point 200 metres above Hunts Lock. Crews will be required to paddle on to await instructions from the finish and boathouse marshals for disembarking at the landing stage. **Crews stopping in the Finish Zone may incur penalties**.
3. **RESULTS**. Medals and Trophies can be collected from the clubhouse once the confirmed results have been posted.
4. **REFRESHMENTS** will be on sale outside the clubhouse throughout the day.
5. **PLEASE NOTE** that parts of the new Boat House site are ‘Restricted Access Only’. Please do not enter where signs indicate ‘No Entry’.